



# COVID-19 Reach One Teach One

## Week 4

### Via Facebook and Zoom! November 1st- 7th

Monday, November 2nd 5pm:

**Talking to Children about COVID 19 and Pediatric Specific prevention topic**  
(Speaker: Dr. Tedra Smith)

Wednesday, November 4th 6pm:

**Essential Items for COVID-19 survival plan and kit**  
(Speaker: Victoria Smith)

Friday, November 6th 2pm:

**What is COVID-19? How can I protect myself and others**  
(Speaker: Dr. Cyndi Cortes)

Saturday, November 7th 10am:

**Health Care workers perspective on COVID-19**  
(Speaker: Deborah Thedford-Zimmerman)

**Please register for the Zoom link by visiting the  
Birmingham Black Nurses Association Facebook Page**

**Contact Deborah Thedford-Zimmerman  
at 205-999-0960 for more information.**

**[birminghambna.org](http://birminghambna.org)**